

Models to Encourage Reflective Practice within Peer Mentoring Sessions

Models	Description	Steps
1. Guided questions to encourage reflective practice (Boud et al., 1985; University of Sydney Teaching material, 2013)	Model of reflective practice that can form the basis of guided questions to encourage reflective practice within a peer group mentoring program	<ul style="list-style-type: none"> ④ Pre session: Identify issue ④ During session: outline experience ④ Co-mentors use guide questions as prompts to explore and analyse ④ Post session: reflect on the session, particularly the discussion around one's own experience and the issues it raised.
1. Gibbs model of reflective practice (Gibbs, 1988)	Reflective practice model using specific questions	<ul style="list-style-type: none"> ④ Pre session: Identify issue ④ During session: outline experience ④ The structured questions are asked by one of the co-mentors, others asking further clarifying questions as needed ④ Post session: reflect on the session, particularly the discussion around one's own experience and the issues it raised.
1. Phase model (Akhurst & Kelly, 2006; Wilbur et al., 1991)	Staged process for identifying need, exploration, feedback and discussion	<ul style="list-style-type: none"> ④ Identify need/issue ④ Question/explore issue ④ Co-mentor feedback ④ Presenter response ④ Discussion
1. Critical friends approach (School Reform Initiative, 2010)	Structured step by step protocol	<ul style="list-style-type: none"> ④ Similar to above but steps separated out further